

MK SAP Parent Resources

Helpful Websites:

- WWW.BINGETOBLACKOUT.COM
- WWW.STOPALCOHOLABUSE.GOV
- WWW.THEANTIDRUG.COM
- WWW.NIAAA.NIH.GOV
- WWW.WHY21.ORG
- WWW.SOMETHING-FISHY.ORG
(EATING DISORDERS)

Recommended Books:

- From Binge to Blackout
Chris Volkmann and Toren Volkmann
- Reviving Ophelia: Saving the Selves of Adolescent Girls
Mary Pipher, Ph.D.
- Raising Cain: Protecting the Emotional Life of Boys
Dan Kindlon
- Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys and Underachieving Young Men
Leonard Sax, M.D, Ph.D.
- Parenting with Love & Logic
Foster Cline and Jim Fay
- Parenting Teens with Love & Logic
Foster Cline and Jim Fay
- Love and Logic Magic When Kids Leave You Speechless
Jim Fay & Charles Fay, Ph.D.
www.loveandlogic.com
- Next to Nothing: A Firsthand Account of One Teenager's Experience with an Eating Disorder
Carrie Arnold
- Odd Girl Out: The Hidden Culture of Aggression in Girls
Rachel Simmons
- Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence
Rosalind Wiseman