

## CONTAGIOUS DISEASES

Students will not be permitted to enter school or classrooms after a contagious disease or medical exclusion without a medical clearance from their private medical doctor and a medical re-entry certificate from the school nurse. Students must be fever free for 24 hours before returning to school.

Students will be **MEDICALLY EXCLUDED** from school for insufficient immunizations as ruled by the Board of Education and New Jersey State Department of Health Regulations. The students may not re-enter school without the necessary medical affidavits.

## SAFETY

Each student should be extremely aware of good safety procedures. Safety should be practiced in the classroom, halls, on the playing fields, buses and all areas of the school and community. Practice common sense, follow rules and regulations, and be aware of potential hazards and exercise good judgment. If these suggestions are followed, accidents can be avoided. Students enrolled in industrial arts, vocational, family and consumer science, and technical education must wear eye protection in accordance with 18A:40-12-.1.

## STUDENT INSURANCE

Student accident insurance will be made available on a direct contract basis with the insurance company selected by the Board of Education. Information regarding optional student insurance was mailed to all parents in August. Additionally, interscholastic athletic insurance, including band, cheerleaders, twirlers, and flag bearers, will also be covered by the Board of Education. This policy will define the extent of the coverage. Please note that these policies are written on an excess basis and bills must be first submitted to the parents' basic and major medical carriers.

This plan insures the student while:

1. ***AT SCHOOL:*** During the hours and on the days when school is in regular session.
2. ***TRAVELING:*** Directly to and from the student's residence and the school, for regular school sessions, for such travel time as required, but not exceeding one hour before regular school classes begin, and not more than one hour after regular school classes are dismissed, unless additional travel time on the school bus is required subject to "No-Fault" auto coverage.
3. ***AT SCHOOL SPONSORED ACTIVITIES:*** Participating in or attending an activity exclusively organized, sponsored, funded and solely supervised by the School and School employees, including travel directly to or from such activity in a vehicle furnished by the School and supervised by School employees.
4. ***ATTENDING ACADEMIC SUMMER CLASSROOM SESSIONS:*** Solely sponsored and solely supervised by the School.

## ATHLETICS

Morris Hills High School and Morris Knolls High School are members of the NJSIAA, the Northwest Jersey Athletic Conference, the Morris County Ice Hockey League, the New Jersey Interscholastic Lacrosse League, the New Jersey Interscholastic Girls Lacrosse League and are represented by the following athletic teams:

Fall:	Cheerleading Cross Country (Boys and Girls) Field Hockey (Girls) Football Soccer (Boys and Girls) Tennis (Girls) Volleyball (Girls)
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Winter: Basketball (Boys and Girls)  
Bowling (Co-Ed)  
Cheerleading  
Fencing (Boys and Girls)  
Ice Hockey  
Indoor Track (Boys and Girls)  
Swimming (Boys and Girls)  
Wrestling

Spring: Baseball  
Golf (Co-Ed)  
Lacrosse (Boys and Girls)  
Outdoor Track (Boys and Girls)  
Softball  
Tennis (Boys)

In addition to regularly scheduled contests, Morris Hills and Morris Knolls participate in county, state, and invitational athletic competition, and thus far have compiled an enviable record in these activities.

Each season, students will receive an athletic schedule that lists dates, times, and places of each athletic event. All athletic schedules can also be found on the school website.

### **SPORTSMANSHIP**

The NJSIAA, Northwest Jersey Athletic Conference, and Morris Hills Regional School District emphasize the importance of good sportsmanship. The behavior of students, coaches and fans are guided by certain principles or expectations that we should all strive to meet. The following statements, in addition to the Spectator Code of Conduct, will serve as a guide to everyone's actions while in attendance at Morris Hills High School and Morris Knolls High School athletic events.

1. Gain an understanding and appreciation for the rules of the contest.
2. Exercise representative behavior at all times.
3. Recognize and appreciate skilled performances, regardless of affiliation.
4. Exhibit respect of the officials.
5. Display openly a respect for the opponents at all times.
6. Display pride in your actions at every opportunity.

### **SPECTATOR CODE OF CONDUCT**

1. Accept the decision of the officials.
2. Do not endanger the safety or comfort of players, coaches, officials and/or school administration.
3. Refrain from actions which are deemed unsportsmanlike by the officials and/or school administration.
4. Spirit signs, noisemakers, food and drinks are prohibited in the gym.
5. Violation of this code may result in ejection.

### **ATHLETIC TRANSPORTATION**

The following district procedures are to be followed regarding the transportation of student athletes to and from all athletic contests and practices:

1. Students (athletes on a team trip or shuttle) must travel on our buses to and from that athletic trip.
2. Athletes are not permitted to drive to away events.
3. On occasion, there may be need for a student to be transported home by their parents. If this need should arise, the following steps must be followed:
  - a. A Travel Release Form must be brought in at least one (1) day before the trip. Forms may be obtained in the Athletic Office.
  - b. The principal and the athletic director must co-sign the request.

- c. The parents are the only ones who may transport their son or daughter.
- d. No requests will be honored if these steps are not followed.

**ACADEMIC ELIGIBILITY POLICY**

The MHRD Board of Education believes that students who participate in interscholastic athletics, cheerleading, marching band, band front, class and student government officers, officers of student publications, and other co-curricular activities which necessitate extensive time for participation, should maintain a standard of academic performance that is consistent with the philosophy and purpose of our schools. Therefore, the Board of Education shall require standards for participation.

In addition to maintaining the academic standards prescribed in the district's eligibility policy, it is also expected that the students noted above demonstrate behavior commensurate with the expectations of the district.

In general, these expectations include, but are not limited to:

- 1. Maintaining a positive image that will be perceived by the school and community as exemplary.
- 2. Showing respect for other people and their property.
- 3. Strictly adhering to the MHRD code of conduct and attendance policies as outlined in the student handbook.
- 4. Being a positive role model for other students both in the school and the community.

**ACADEMIC ELIGIBILITY REQUIREMENTS**

	<b><u>Fall Semester</u></b>	<b><u>Spring Semester</u></b>
Freshmen	Must have been promoted from the eighth grade.	Must be passing 30 credits of the courses in progress.
Sophomores	Must have passed 30 credits in the ninth grade.	Must be passing 30 credits of the courses in progress.
Juniors	Must have passed 30 credits in the tenth grade and have accrued 60 total credits.	Must be passing 30 credits of the courses in progress.
Seniors	Must have passed 30 credits in the eleventh grade and have accrued 90 total credits.	Must be passing 30 credits of the courses in progress.

**MORRIS HILLS REGIONAL DISTRICT  
ATHLETIC DEPARTMENT RULES AND REGULATIONS**

The following rules and regulations are expected to be followed by each member of a Morris Hills Regional District Athletic Team.

- 1. All student-athletes must meet the academic eligibility requirements of the Morris Hills Regional District.
- 2. A physical examination will be required of all squad members.
- 3. A Parental Permission Form supplied by the district must be signed by both the parent and the athlete and returned to the appropriate school official.
- 4. All prospective student-athletes and their parent/legal guardian must consent to New Jersey State Interscholastic Athletic Association Steroid Testing and Random Drug and Alcohol Testing.
- 5. Athletes must report injuries immediately to the trainer or the coach. This should take place no later than the morning following the injury.

6. Team members are responsible for all uniforms and equipment issued by the school. Students must compete in the official school uniform. All equipment must be returned prior to any awards or before participation in another sport commences. The student athlete is responsible for the payment of lost or stolen equipment.
7. Respect for the condition of the locker-room and the belongings of others are mandated for student athletes.
8. Team members will conduct themselves as ladies and gentlemen during practices, at contests, or while traveling as a member of the team. Unsportsmanlike behavior or a disregard for the principles of fair play will be cause for dismissal from the team.
9. Disrespect toward school authorities may result in a parental conference and dismissal from the team.
10. All athletes are expected to attend all practices and contests unless they are excused by the coach. Squad members must attend school by **11:08 AM** in order to practice or compete unless they are excused by the administration of the school.
11. During transportation on school vehicles, all athletes are expected to behave in an orderly fashion and remain seated at all times. Athletes must use school transportation to and from contests or practices. Use of any other means of transportation is prohibited unless approved directly by school administration. When practice is over, team members must wait in designated areas for transportation home.
12. Individual team rules will be clearly defined by each head coach and passed out to each team members.
13. All athletes are subject to the rules and regulations of the New Jersey State Interscholastic Athletic Association and those of the Northwest Jersey Athletic Conference.
14. All athletes will not allow themselves to be hazed. Any athlete witnessing a hazing incident should report such incident to his/her coach and/or a school administrator.
15. Any athlete who has a medical excuse from Physical Education is prohibited from participating in athletic practices and games for the duration of the excusal.

In addition to the Rules and Regulations for individual sports, the following procedures have been adopted by the Morris Hills Regional School District Athletic Department to provide uniformity and continuity in determining disciplinary action for the more serious violations of our Athletic Code.

To further clarify the action that will be taken for violations of the Athletic Code.

1. A student will be governed by the policy from the first day of involvement in the Morris Hills Regional District Athletic Program until graduation.
2. All athletes and team support personnel (i.e., stats, managers, and cheerleaders) will be subject to these regulations.
3. As a student at Morris Hills High School and Morris Knolls High School, it must be understood that all athletes are responsible for adhering to all general disciplinary regulations set forth in the student handbook.
4. Individual coaches may have additional team regulations and penalties that must be adhered to by team members and team support personnel.

**CODE VIOLATIONS AND DISCIPLINARY ACTION** for a student who is involved with **illicit drugs, alcohol, steroids, or other controlled or dangerous substances** including any chemical or chemical compound that releases vapors or fumes causing an indication of intoxication shall be:

1. **First offense** – Any time an athlete is found to be involved with substances, **including being at a location where there is underage drinking or illegal drug use**, the athlete is suspended from the team for any regular season games for a period of seven (7) calendar days from the time he/she is known to be involved and informed of his/her suspension. The period of suspension must include a minimum of at least one athletic contest. *If involvement with substances is out-of-season, this consequence will be*

*imposed for the next athletic season in which the athlete participates, and the seven (7) day suspension will start on the day of the first regular season game.* In either case, the athlete will be referred to the SAC and will be subject to Board Policy 5530.

2. **Second offense** – Any time an athlete is found to be involved with substances, **including being at a location where there is underage drinking or illegal drug use**, the athlete is suspended from that team for the remainder of the season. *If involvement with substances is out-of-season, this consequence will be imposed for the next athletic season.* In either case, the athlete will be referred to the SAC and will be subject to Board Policy 5530.
3. **Third offense** – Any time an athlete is found to be involved with substances, **including being at a location where there is underage drinking or illegal drug use**, the athlete is prohibited from participation in any further athletic or student activities that have eligibility standards for the remainder of their high school career. He/She is referred again to the SAC and is again subject to Board Policy 5530.

**CODE VIOLATION AND DISCIPLINARY ACTION** for any student who is involved with **tobacco products** in any form is:

1. **First offense** – (Any time in the student’s high school career that involvement is proven beyond any doubt.) The athlete is suspended from the team for any regular season games for a period of seven (7) calendar days from the time he/she is known to be involved and informed of his/her suspension. The period of suspension must include a minimum of at least one athletic contest. *If involvement with tobacco products is out-of-season, this consequence will be imposed for the next athletic season in which the athlete participates, and the seven (7) day suspension will start on the day of the first regular season game.* In either case, he/she is subject to Board Policy 5533, but may attend and participate in practices.
2. **Second offense** – (Any time in the student’s high school career that involvement is proven beyond any doubt.) The athlete is suspended from the team for any regular season games for a period of fourteen (14) calendar days from the time he/she is formally informed. The period of suspension must include a minimum of at least one athletic contest. *If involvement with tobacco products is out-of-season, this consequence will be imposed for the next athletic season in which the athlete participates, and the fourteen (14) day suspension will start on the first regular season game.* In either case, he/she is subject to Board Policy 5533 and must show proof that he/she has entered and is currently enrolled in a “Smokenders” type of program at the athlete’s expense. The athlete may attend and participate in practices during the suspension period.
3. **Third offense** – (Any time in the student’s high school career that involvement is proven beyond any doubt.) The athlete is suspended from the team for the remainder of the season. *If involvement with tobacco products is out-of-season, this consequence will be imposed and the athlete is suspended from the team for the remainder of the season.* He/She must show proof of having completed a second course such as “Smokenders” at their expense, before being permitted to start another sport. The student is still subject to Board Policy 5533.
4. **Fourth offense** – (Any time in the student’s high school career that involvement is proven beyond any doubt.) The athlete is suspended from all further athletic or student activities that have eligibility standards for the remainder of their high school career. The athlete is still subject to Board Policy 5533.

### **SCHOOL DISCIPLINARY ACTION**

All violations of school board policy dealing with the above code at any time while the student is participating in a school function will be reported immediately to the school administrator in charge of discipline. Any disciplinary action will be determined by the severity of the offense.

Other violations of School Board Policy at any time while the student is participating in a school sport activity will be reported immediately to the school administrator in charge of discipline for the appropriate action. Actions of a more severe nature for a violation of this athletic code may be taken by the school administration or law enforcement agencies.

### **RANDOM DRUG & ALCOHOL TESTING PROGRAM**

As per Morris Hills Regional District Board of Education Policy # 2435, consent for random drug and alcohol testing shall be mandatory for any pupils who elect to participate in athletics.

### **CONSENT FOR RANDOM STEROID TESTING**

As per New Jersey State Interscholastic Athletic Association policy, consent for random steroid testing shall be mandatory for any pupils who elect to participate in athletics.

### **IMPACT CONCUSSION MANAGEMENT PROGRAM**

In order to better manage concussions sustained by our student athletes, the Morris Hills Regional School District uses the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) Program.

This computerized exam is administered to athletes beginning with sports programs that have a higher risk of head injury and then expanding to other teams as necessary. The protocol involves a 35 minute test with the following components: Verbal Memory Composite, Processing/Visual Motor Speed Composite, Visual Memory Composite, Reaction Time Composite and Impulse Control. The program also includes background information on the student, including questions on health history, current health habits and past treatments. Copies of the questions are available for review in the athletic office in your school. This web-based program is completely confidential and password protected. You can learn about the test by visiting the website: [www.impacttest.com](http://www.impacttest.com).

If a head injury and a concussion are suspected, the athlete **will be required to retake the ImPACT test.** The appropriate medical professionals will then review both the pre-injury (baseline) and post-injury test data in order to evaluate the extent of the injury. This, along with other information, will enable these medical professionals to determine when it is safe for the injured athlete to return to play. As always, if an injury of this nature occurs the parents of the student-athletes will be contacted with all of the details.

These measures are being utilized as a means to keep health and safety at the forefront of the student-athletic experience. Morris Hills and Morris Knolls are two of over 100 secondary schools in New Jersey that are using this software as a way to address the serious sports-related issue of concussions.

### **ATHLETIC AWARDS**

Student athletes shall receive an athletic award upon successful completion of the season from the school if they fulfill the requirements for each sport and have the approval of the coach of that sport and the Supervisor of Student Services/Athletics. This initial award (Varsity) will be in the form of an athletic M.H. monogram and Sport Pin. The second and subsequent varsity letter awards will be Brass Bars. Junior Varsity players receive a monogrammed patch - same standards as varsity awards. Second awards will receive a certificate. All Freshmen receive their graduating year numerals. Second awards will receive a certificate.

## REQUIREMENTS FOR VARSITY LETTER

Baseball/Softball	1/2 total innings pitchers 1/3 number of games
Boys & Girls Basketball	1/2 number of game quarters
Bowling	1/2 number of varsity matches
Boys & Girls Cross Country	Points for 1/2 of meets
Boys & Girls Fencing	1/2 number of varsity matches
Football	1/2 of the total game quarters
Girls Field Hockey	1/2 of total of games
Boys & Girls Winter Track	Participation in 70% of all varsity meets
Boys & Girls Spring Track	Average of one point per meet
Golf	1/2 of total matches
Ice Hockey	1/2 total number of periods
Boys & Girls Soccer	1/2 total number of games
Boys & Girls Tennis	1/2 of total matches
Girls Volleyball	1/2 number of varsity matches
Wrestling	1/3 number of varsity matches (including tournaments)
Boys & Girls Swimming	Score one more point than twice the number of dual meets in the season
Boys & Girls Lacrosse	1/2 of total of halves/periods
Junior Varsity	Jr. Varsity players receive a monogrammed Patch – same standards as varsity awards
Freshmen Awards	All freshmen receive their graduating year numerals

Note: The ultimate decision in the granting of the above awards rests with the head coach and the Supervisor of Athletics.

## INTERSCHOLASTIC ATHLETIC AND CO-CURRICULAR PHYSICAL EXAMINATIONS

The Morris Hills Regional District Board of Education recognizes the need to administer a medical examination to all candidates and participants for the District's Interscholastic Athletic Teams as well as Marching Band and Cheerleading. These rules and regulations serve to implement Board Policy No. 2431 and New Jersey Administrative Code 6:29-6.4. Students examined by their private physician will do so at their own cost. Each candidate for a school athletic squad or team is to be examined within 365 days prior to the first practice session. A candidate may not participate in a practice or a game until this form is reviewed by the District Medical Inspector. Clearance by the sponsored physician is not sufficient.

Good physical condition, freedom from injury, and full recovery from illness are prerequisites to participation in athletic competition and practice for such competition. A candidate for a place on an athletic team or squad must receive a medical examination conducted at least once in each school year and must be approved by the school medical inspector, not more than 365 days prior to the first practice session for the sport of their choice. The school medical inspector may accept the report, on a form provided by the district, of a medical examination conducted, at no expense to the Board, of the pupil's personal physician.

The medical examination conducted to determine the fitness of a candidate for athletic competition must include, as a minimum, the medical history information and physical assessments set forth in rules of the State Board of Education and incorporated in their entirety in regulations implementing this policy.

The school medical inspector shall determine the pupil's physical fitness to participate in athletics. Written notification of that determination, signed by the school medical inspector or team doctor, shall be given to the pupil's parent or guardian and shall include the reasons for the approval or disapproval of the pupil's participation. The health findings of the medical examination shall be filed in the pupil's health examination record, subject to Board policy on pupil records. A form that is incomplete shall be returned to the medical home for completion.

**NO ATHLETE CAN PRACTICE OR PLAY WITHOUT PASSING A PHYSICAL. CANDIDATES MAY NOT PARTICIPATE IN PRACTICE OR CONTESTS UNLESS THEY HAVE A CLEARANCE BY A DISTRICT MEDICAL INSPECTOR. CLEARANCE BY A PERSONAL PHYSICIAN IS NOT SUFFICIENT.**

### **ATHLETIC PHYSICAL PROCEDURE FOR FALL SPORTS**

All students who will participate in the athletic program or marching band are required to obtain a physical examination as per Morris Hills Regional District Policy. A new physical is required every 365 days.

Students may obtain the physical examination from either their private physician or through the Urgent Care Center at 600 Mt. Pleasant Avenue in Dover, NJ (973-989-0800) for the cost of \$72.00 or the FUMC (First Urgent Medical Care) at 3175 State Hwy. 10 East, Suite 500, Denville (973-891-1213) for the cost of \$85.00.

Incoming freshmen who have already signed up for a sport will have all forms mailed to them by the end of the school year. Athletes in grades 10, 11 and 12 should have obtained forms from their respective coaches prior to the last day of school. Otherwise, additional copies may be obtained from the General Office or the Athletic Office of the high school.

### **Physical Examination Procedures:**

1. Bring all forms with you to your physician or to the Urgent Care Center. This includes the Physical Evaluation form (white), Parent Consent Card (brown), Health History Questionnaire (pink), NJSIAA Consent for Steroid Testing (blue), and the MHRD Student Random Alcohol and Drug Consent-To-Test Form (yellow), Impact Assessment Form (White), NJSIAA parent/Guardian Concussion Policy Acknowledgement Form (Green) must be signed and returned to the Athletic Office. If you wear glasses or corrective lenses please bring them with you for your eye test.
2. Health History forms (pink) and Parent Consent form (brown) should be completed prior to the physical examination. **It is imperative that all blanks be filled out on these forms including parent/guardian signatures.** Your physician must also review Health History Questionnaire (pink) at the time of the physical exam. Therefore, you must bring the completed Health History Questionnaire (pink) to your exam appointment.
3. As per the Morris Hills Regional District Policy #2435, pupil random drug testing shall be mandatory for **all** students who “elect to participate in co-curricular activities, including athletics”. Therefore, no

student will be eligible to participate in the athletic program without submitting a signed Consent form (Yellow). This consent is valid for the entire time that the student is enrolled in MHRD.

4. Student-athletes who need to self-medicate with an inhaler for asthma must also complete the district **Self-Medication Form**. This form will be available upon request in the General Office, Athletic Office, or at Urgent Care Center, but must be completed by the prescribing physician. The complete policy can be found on the District and/or Morris Hills High School website. Student athletes who carry an Epi-pen must complete the **Epi-pen delegation form**. Students with diabetes must complete the **Glucagon delegation form**. Forms are available in Nurse's office or Athletic Office and must be completed by the prescribing physician.
5. Completed forms must be submitted to the high school prior to **July 15<sup>th</sup>**. They may be dropped off in the Athletic Office, Nurses Office or sent by mail. This will allow time for the review and approval of the forms by our school physician prior to the start of team practices. Forms submitted after this date may delay your eligibility for practice. **No athlete is permitted to participate in practice without proper medical clearance.**

If you have any questions concerning this process please contact the Athletic Office at 973-664-2307.

#### PROCEDURES FOR WINTER AND SPRING SPORTS PHYSICALS

1. Physician's medical examinations are valid for 365 days from the date of the exam.
2. Athletes who participated in the fall or winter season and who have not been injured do not need another physical examination; they only need to complete the Health History Updated Short Form and the Parent/ Guardian and Student Consent card.
3. Athletes who have not had a physical examination within 365 days prior to the winter or spring season must follow "Procedures for Fall Sports Physicals". As soon as the private physician physical examination is completed, the forms should be brought to school and given to the nurse for the school Medical Examiner approval.

#### STUDENT ACTIVITIES

##### STUDENT CLUBS / ACTIVITIES PHILOSOPHY

The school provides educational experiences of several types. Though the classroom instructional program is the dominant means of attaining a school's objectives, not all objectives can be met solely through the formal courses of study. The student activities program is generally the major means of attaining those objectives that are not fulfilled completely by regular classroom instruction. Some student activities are characterized by extensive student participation in both the planning and executing of these programs. In others, the students are involved in the more traditional role of learner.

Experiences in the student activities program help meet the leisure, recreational, social and emotional interests and needs of students. Some experiences provide opportunities for self-directed specialization in areas that are of particular interest to individual students.

The student activities program helps to develop desirable social attitudes in situations providing opportunity for individual, small-group and entire school participation. In students, it develops an understanding of others whose values, feelings, and opinions may differ or conflict with their own. Also, opportunities are provided for the development of understanding and cooperation among social groups, as well as promoting positive relationships among students and staff members that go beyond the traditional classroom environment.

In some cases, students share responsibility for selecting, organizing, and evaluating the activities and their outcomes. The development of democratic leadership and cooperative attitudes is an objective for some

activities. Others are concerned with learning and appreciating a particular skill or area of endeavor. Finally, the student activities program fosters in the student a sense of identity and a feeling of belonging to the comprehensive school community.

Following is a listing of all activities and clubs currently available to Morris Hills students. Hopefully, you will join one or more of these activities and clubs, as the faculty and administration feel involvement in extra-curricular activities will enrich your high school life. If you wish to learn more about any organization, or wish to institute a new club, please feel free to see the assistant principal in charge of student activities.

Academic Decathlon Team	Interact Club	Portable Sound
Art Guild	International Thespian Society	Programming Club
Art Services Club	Jazz Band	Project Lead
Asian Culture Club	Junior Class	REO Club
Astronomy Club	Junior Statesmen of America	School Newspaper – Hilltopper
Band Front / Color Guard	Key Club	Senior Class
Book Club	Knights Quarterly	Set Designer
Business Honor Society	Knights Templar	Ski Club
Brass Ensemble	LEO Club	Social Studies Honor Society
Choreography	Library Council	Sophomore Class
Chorus	Literary Magazine – SEED	Sound and Lighting
Concert Band	Madrigals	Spanish Club
Costuming	Marching Band	Spanish Honor Society
Creative Writing Club	Math Club	Sports Medicine Club
DECA	Math Honor Society	Symphonic Band
Drum Line	Media Services	Student Government Association
Environmental Action Club	Men’s Choir	Teen Leadership Council
ERASE	Mock Trial	Tri M Music Honor Society
Fall Play	Model United Nations	TSA
FBLA	Modern Day Yankees	TV Production Club
FCCLA	Musical	Varsity Club
French Club	National Art Honor Society	Webmaster
French Honor Society	National Honor Society	Willow Tree Club
Freshman Class	National Science Honor Society	Wind Ensemble
Games Club	Parades – Marching Band	Winter Guard
Gay / Straight Alliance	Peer Tutoring	Women’s Choir
German Club	Photography Club	Yearbook Club – The Torch
German Honor Society	Physics Club	Youth Alive
H.O.P.E.	Pit Band	

In accordance with Board of Education Policy Random Alcohol and Drug Testing, the Morris Hills Regional District has established and maintains a program of random drug and alcohol testing for pupils enrolled in District High Schools who elect to participate in co-curricular activities. (Please see page 54 of the handbook.)

In accordance with the “Training Protocols for the Implementation of Emergency Administration of Epinephrine”, the pupil’s parent (s) or legal guardian must inform the school nurse of the student’s intent to participate in a school-sponsored club/activity.

### **S.G.A. WELCOME**

The 2012-2013 Student Government Association would like to begin the school year by extending a warm welcome to the entire Morris Hills community - students and faculty, old and new. It hopes you enjoy the atmosphere and activities that await you here at M.H. during the upcoming school year. Morris Hills is a great school. It possesses a friendly atmosphere as well as endless resources and opportunities at the fingertips of each and every student. The SGA encourages everyone to get involved. Whether your talent lies in the classroom, on the playing field, or in a cooperative learning program, the SGA invites you to reap the benefits that our school has to offer. Voice your opinions through the different types of extracurricular activities and clubs that M.H. has to offer, and if you ever have any concerns of your own, don't be afraid to approach any one of the friendly members of the S.G.A. The S.G.A. is your key to addressing your worries at a higher level. It is willing to listen - our main purpose is to make Morris Hills the best that it can be both academically and socially. Enjoy the year ahead!

## STUDENT OFFICERS 2012 - 2013

### **SGA**

President	Nimit Jindal
Vice President	Johnny Ross
Secretary	Nick Roth
Treasurer	Shreyes Joshi

### **SENIOR CLASS**

President	Frank Chaparro
Vice-President	Peter DiGennaro
Secretary	Alissa Halloran
Treasurer	Jennifer Stranz

### **JUNIOR CLASS**

President	Mackenzie Hestevold
Vice-President	Chelsea Amaro
Secretary	Emily Nieman
Treasurer	Seteena Turner

### **SOPHOMORE CLASS**

President	Abeba Isaac
Vice-President	Sophia Chen
Secretary	Keshav Sota
Treasurer	Nathan Gupta

## POSTING OF FLYERS AND POSTERS

All flyers and posters promoting school wide sponsored events and school elections must first be approved by an administrator prior to posting them around the school building. Failure to receive administrative approval will result in disciplinary action.

## DANCES / PROMS

Many students, faculty and administrators feel that school dances are an important part of an extra-curricular program. The following rules apply to these functions:

1. Admittance to our dances/proms is extended only to students of Morris Hills Regional School District and their guests.
2. Guests must first be signed in and approved at the school office during the week previous to a dance/prom. There will be a limit of one guest per Morris Hills student.
3. Tickets may be purchased in school prior to the dance, at a discount price, or at the door at prevailing prices.
4. Entrance to the dance/prom shall be limited to the hours specified by the sponsor of the dance. Dances/proms usually conclude between the hours of 10:00 PM and 10:30 PM.
5. Once the student leaves the affair, he/she may not return and must vacate the campus immediately.
6. Items four or five above may be amended at the discretion of the dance/prom sponsor in the event of an emergency.
7. The appropriate attire for any dance/prom will be decided upon by the sponsor and the administration.
8. Smoking will not be permitted at any time during dances/proms.
9. Students are expected to maintain acceptable standards of behavior and conduct at all dances/proms.
10. The administration reserves the right to remove or deny the entrance of any student to a school sponsored dance/prom based upon inappropriate behavior.

## ASSEMBLY PROGRAMS

It is the objective of the Student Government Association and the Administration to plan programs which reflect the activities of the school, promote school spirit, and recognize significant holidays. The purpose of our student assemblies is to provide a planned program in order to broaden one's knowledge, interest, and experience and to promote sympathetic and friendly consideration of the abilities of others. Some students expect all assembly programs to be strictly entertaining. The artistic and educational value of other types of entertainment should be understood. Good music and plays or the message of an outstanding speaker may be equally rewarding.

During assembly programs, only the best behavior is acceptable from our student body. The following procedures must be observed:

1. Students should pass to the assembly site along the prescribed route in a quiet orderly manner.
2. Students will follow the directions of the instructor and sit in the assigned area.
3. All participants making a presentation or receiving awards are to be suitably attired--coats and ties for males, appropriate attire for females.
4. Students must be attentive when the platform chairperson indicates that the program is ready to begin.

5. When students appreciate a program, they are expected to respond by applause. Whistling, shouting, lighting of lighters or matches, booing, stamping of feet, and rhythmic applause will not be tolerated.
6. Students are expected to maintain a courteous and respectful attention at all times.
7. Students misbehaving in assemblies will be sent to the Assistant Principal's Office.
8. Students will be dismissed by a member of the administration and will exit through the appropriate doorways, one section at a time.
9. As in the past school years, some of the assembly programs will be of a voluntary nature.

Specific instructions as to the details of each program will be announced in advance of the program date.

## NATIONAL HONOR SOCIETY

The National Honor Society is an organization founded to honor students who have excelled in the areas of leadership, scholarship, service and character. Students applying for membership in the NHS cannot be discriminated against because of race, gender, ethnicity, political persuasion, socioeconomic background, disability, rumor or any other characteristic unrelated to the criteria for selection of the NHS. To be eligible as a junior, a student must attain a 90.0 or better average (not rounded) for five semesters. To be eligible as a senior, a student must attain a 90.0 or better average (not rounded) for six semesters. Faculty nominations and data forms completed by prospective members are reviewed by a faculty committee that selects students to be honored. Following induction, members are required to maintain the standards of the organization and act as models of behavior for the student body. Members are subject to all National Honor Society rules and regulations. An organization service program and an individual service program are requirements of membership.

### NATIONAL HONOR SOCIETY GUIDELINES

#### CHARACTER

Candidate takes criticism willingly and accepts recommendations graciously; constantly exemplifies desirable qualities of personality (cheerfulness, friendliness, poise, stability); cooperates by complying with school regulations concerning property, programs, office, halls, etc.; demonstrates highest standards of honesty and reliability; shows courtesy, concern and respect for others; observes instructions and rules, punctuality and faithfulness in obligations both inside and outside of the classroom; has powers of concentration and sustained attention as shown by perseverance and application to studies; manifests truthfulness in acknowledging obedience of rules, avoiding cheating in written work, and showing unwillingness to profit by the mistakes of others, actively helps to rid the school of bad influences or environment.

#### LEADERSHIP

Candidate is resourceful in proposing new problems, applying principles and making suggestions; demonstrates leadership in promoting school activities; exercises influence on peers in upholding school ideals; contributes ideas that improve the civic life of the school; is able to delegate responsibilities; exemplifies positive qualities; inspires positive behavior in others; demonstrates academic initiative; successfully holds school offices or positions of responsibility, conducts business effectively and efficiently, and is reliable and dependable without prodding; demonstrates leadership in the classroom, at work and in school activities; is thoroughly dependable in any responsibility he/she accepts.

#### SERVICE

Candidate shows willingness to uphold scholarship and maintain a loyal school attitude; participates in some outside activity; Girl Scouts; Boy Scouts; church groups, volunteer services for aged, poor, disadvantaged; family duties; volunteers dependable and well organized assistance, is available on his/her own time and is sacrificing; works well with others and is willing to take on difficult or inconspicuous responsibilities; willingness to render cheerfully and enthusiastically any requested service to the school; willingness to represent his/her class or school in interclass or interscholastic competition; willingness to do committee and staff work; readiness to show courtesy by assisting visitors, teachers and students. Service must be consistent during the candidate's high school career. **Service to both school and community is required.**

#### Selection Process

1. The Principal will appoint five members of the faculty to serve on a selection committee. The advisor is an ex-officio member of the committee.
2. The committee will make selections from junior candidates who have achieved a grade average of 90.0 or higher (not rounded) for five semesters and senior candidates who have achieved a grade average of